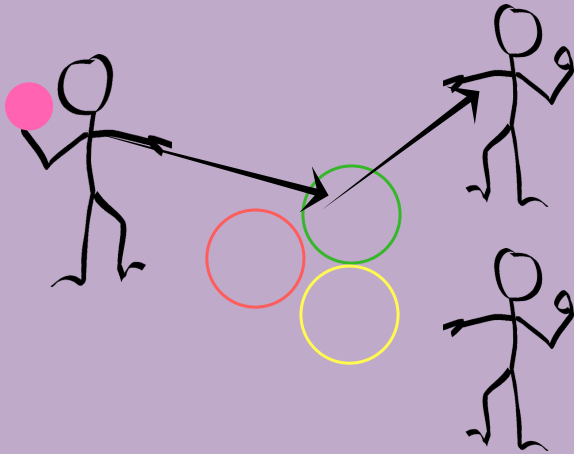


## Level 1

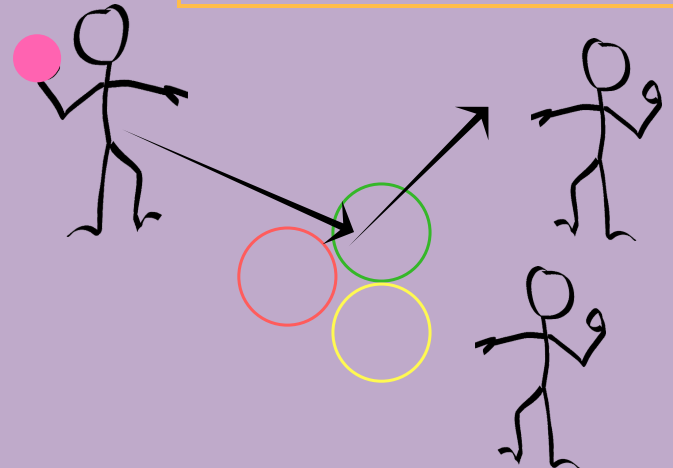
Throw the ball into your team mates hoop toward them so they catch it after a bounce. Repeat in a clockwise direction to each team member.



Complete x20 catches then high five your team mates.

## Level 2

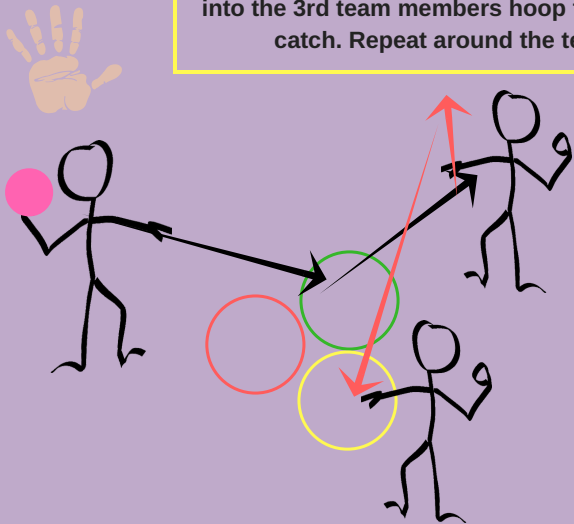
Throw the ball into any team mates hoop away from them. Try to make them move in order to catch it.



Complete x15 catches at this level then high five your team mates

## Level 3

Strike the ball with the palm of your hand into a team mates hoop toward them. Your team mate then palms the ball into the air and strikes down into the 3rd team members hoop for them to catch. Repeat around the team.



Complete x15 catches at this level then high five your team mates

## Level 4

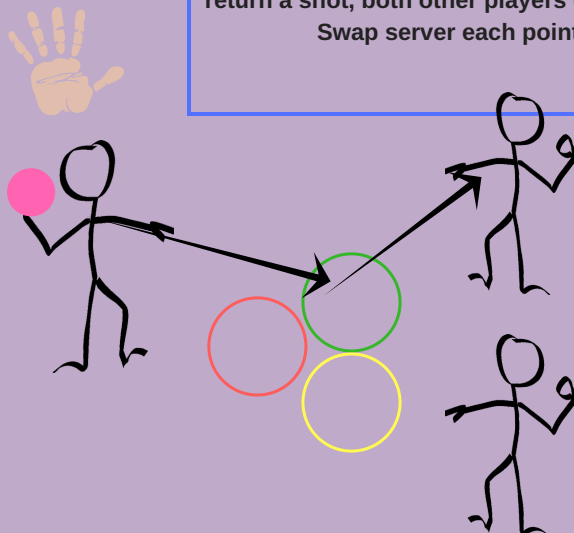
Repeat the same as level 3. This time, when the ball comes to player three, they too palm the ball into the air and strike back into player 1's hoop to catch, completing the circle



Complete x10 full circles at this level then High five your partner.

## Level 5

Play a game. Each player is allowed 2 touches maximum. If you miss the hoop or fail to return a shot, both other players get a point. Swap server each point.



First to 10 points is the champion!

## NET & WALL GAMES - THROWING & STRIKING AN OBJECT INTO A TARGET.

I can hit a ball with accuracy  
I can catch a moving ball  
I can anticipate where the ball may go  
I can rally co-operatively and competitively